

THE SPA AT ONGUMA

wellness in the wilderness

A safari engages every sense. The early starts, the long drives, the heat of the afternoon and the cool of the evening, the constant alertness that comes from being in a landscape that is genuinely alive. The Onguma Spa exists as a counterpoint to all of that: a sanctuary where the pace drops, the attention turns inward, and the sounds of the bush become the backdrop to something altogether more restorative. It is not an afterthought. For many guests, it is an essential part of what makes a stay at Onguma feel complete.



A DIFFERENT KIND OF SPA EXPERIENCE

What makes a spa treatment at Onguma different from anything you will find in a city is not simply the setting, though the setting is extraordinary. It is the quality of attention. Before each treatment, a personal consultation ensures that what follows is tailored specifically to your needs and preferences on that day.

The treatments work with the body rather than against it, drawing on a philosophy of holistic wellness that addresses mental, physical, and emotional wellbeing together rather than separately. You are invited on a journey of peace and tranquillity: to relax and restore body, mind, and soul, and to experience the unique silent language and vocabulary of strokes and pressures that make a skilled treatment feel less like a service and more like a conversation.

TREATMENTS AT THE ONGUMA SPA

The Onguma Spa offers a range of therapeutic and wellness treatments designed to complement the rhythm of a safari stay. Whether you are unwinding after an early morning game drive, restoring tired muscles after a bush walk, or simply taking an afternoon entirely for yourself, the spa team will guide you toward the treatment that fits best.

A full spa menu is available, covering the complete range of treatments currently on offer. The team recommends reviewing the menu before your stay and booking your preferred treatments in advance, as availability is limited and disappointment is easily avoided with a little forward planning.

IMPORTANT INFORMATION

- **Operating hours:** 09:00 to 18:00 daily
- **Out-of-hours treatments:** Available on request, subject to advance notice
- **Consultation:** Included before every treatment
- **Treatment capacity:** Subject to therapist and treatment-room availability
- **Treatment rooms:** Two single treatment rooms at Bush Camp, one treatment room with two beds at The Fort, and one treatment room with two beds at Camp Kala.
- **Cancellation policy:** Cancellations must be made at least one hour before the scheduled treatment. No-shows are charged the full treatment amount.
- **Booking:** Essential to avoid disappointment. Treatments can be booked at the time of accommodation reservation or at the camp on arrival.

